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**Please follow these instructions following the placement of your child's dental sealants.**

- 1. Your child may resume normal eating and drinking.**
- 2. Your child's bite may feel different immediately after the procedure, and will feel normal the next day.**
- 3. The sealants placed today are guaranteed by our practice for 2 years if your child attends his/ her check-up and cleaning appointments every 6 months.**
- 4. Your child should avoid hard candies and chewing ice to prevent fractures of his/ her sealants.**
- 5. Your child should avoid sticky candies that could pull out his/ her sealants.**
- 6. Sealants do not prevent all decay. (We wish!) Flossing is still vital to protect the sides of your child's teeth.**

**See You Soon!**